ATTEND DAILY MASS

7:30 a.m. Monday, Tuesday, Wednesday & Friday

See what a difference a few minutes a day can make!

"I Am The Living Bread"

Jesus (Jn 6:47-57)

"Very truly I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the desert, but they died. This is the bread that comes down from heaven so that one may eat it and not die. I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

IHS

"When my strength begins to fail, it is
Holy Communion that will sustain me
and give me strength. Indeed,
I fear the day on which I would not
receive Holy Communion.
My soul draws astonishing strength

from Holy Communion."
—St. Maria Faustina Kowalska

"Christ will not deceive us. That is why our lives must be woven around the Eucharist. The Christ who gives of himself to us under the appearrance of bread and the Christ who is hidden under the distressing disguise of the poor is the same Jesus"

—St. Mother Teresa of Calcutta

"To make room in our life for the Eucharistic Lord, so that he can change our life into his—is that asking too much?"—**St. Edith Stein**

> "I put before you the one great thing to love on earth: The Blessed Sacrament. There you will find romance, glory, honor, fidelity, and the true way of all your loves on earth and more than that."

—J.R.R. Tolkien

"Jesus transforms a white particle into himself every day in order to communicate his life to you. What's more, with a love that is greater still, he wants to transform you into himself."

—St. Thérèse of Lisieux

Jesus speaking to St. Maria Faustina Kowalska

"But I want to tell you that eternal life must begin already here on earth through Holy Communion. Each Holy Communion makes you more capable of communing with God throughout eternity"

JOIN THE BEST CLUB ON EARTH!